

St Andrews Beach Volleyball Club Start Development Award

St Andrews Beach Volleyball Club was born in 2009 with a few beach volleyball players needing somewhere to train and some equipment to train with. We also wanted to get the local community and student population involved in our great sport, so the club was formed.



The Scottish Beach Volleyball Tour was started in 2005 with four events, one of which was in St Andrews. Now there are 8 Scottish Tour Events, however the vast majority of players participating currently come from existing volleyball clubs. What we wanted to achieve was to tap into the local community to increase our player base by getting kids from schools and locals involved.

Since receiving our Club Start Grant from the SVA we have bought two net systems, which we put up most Sundays from 12pm and some weekday evenings (weather dependent). This is all organised through our Facebook page at <http://www.facebook.com/group.php?gid=99632314026>

The new net systems have enabled us to have a net for primary school age, a net for secondary school age and, with other nets existing at the club, have other nets up for seniors each session. Shelly Paterson has started coaching juniors, so this grant has enabled her to get this kick-started and still allow the seniors to train.



Beach Volleyball is a great sport, not only for the usual reasons of fitness and general wellbeing, but also a great social sport as chilling out on the beach with a BBQ, music going and a few nets up is a great way to spend a summer's day! Volleyball players also benefit from playing Beach Volleyball in the summer months. Players generally return to their indoor clubs fitter, able to jump higher and ready for another winter season.

Come and visit us on the West Sands, St Andrews and see what all the fuss is about!

Colin Paterson
Treasurer – St Andrews Beach Volleyball Club