

COVID-19 - Phase 2

Club 'Playing it Safe' Procedures

THE HEALTH AND WELL-BEING OF MEMBERS, VOLUNTEERS AND OUR LOCAL COMMUNITY IS OUR NUMBER ONE PRIORITY. WE HAVE INTRODUCED NEW PROCEDURES TO KEEP EVERYONE SAFE, WELL AND ACTIVE

General Information

- ✓ The club has performed a thorough risk assessment of our club site and adapted our procedures to ensure your safety.
- ✓ You must not attend training if in the past 14 days you:
 - Have been unwell or had any flu-like symptoms.
 - Have been in contact with a known or suspected case of COVID-19;
 - Have had any respiratory symptoms (even if mild); or
 - Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.
 - Follow the club **Reporting Illness Protocol** if any symptoms develop during a session
- ✓ Those with even mild symptoms are strongly encouraged to get tested. For more information on getting tested in Scotland, click [here](#)

Social Distance

- ✓ During Phase 2 of the Scottish Government Route Map, all players involved in a court booking must maintain 2 metre distance at all times, unless you are playing with members of the same household.
- ✓ No more than 4 people should participate in a court booking or session, unless you are playing with people from the same household, in which case the maximum number of people on court at one time is 8.
- ✓ Only players will be allowed into the activity site; no spectators will be permitted.
- ✓ Adapted formats of play include:
 - A net zone of 1m on each side of the net must be identified to avoid close net play e.g. blocking

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- Quadrants can be set up on each to ensure players stay 2 metres from each other. See SVA resources for additional ideas.
- ✓ Players belongings such as water bottles and bags must be kept at least 2 metres from other participants.
- ✓ Signage will be displayed around the courts to remind people to keep their distance.
- ✓ A one-way system will be introduced around each court to help players maintain social distance. Players should not change sides of the net by going under the net.
- ✓ Government information around social distancing is available [here](#) and should be read in full.

Cleaning Procedures

We have introduced a variety of cleaning procedures around our facilities that all participants must follow:

- ✓ Each court has a **Sanitisation Station** for players to use to regularly wash their forearms and hands, before, during and after play or when setting up the net.
- ✓ We have also set up a **Cleaning Station** for all equipment including volleyballs to be thoroughly cleaned before and after your session.
- ✓ Participants and coaches should use minimal equipment to reduce the amount of cleaning that has to be done and reduce the risk of spread of COVID-19.
- ✓ All cleaning is carried out with an **approved disinfectant cleaner**. Cleaning products should conform to EN14476 standards.
- ✓ [CLUB NAME] have introduced a new **Net Set Up Procedure** that all participants, coaches and volunteers should adhere to at all times to keep people safe.
- ✓ We have introduced a transition period of 15 minutes as extra time between bookings to allow for efficient cleaning of equipment after each session, ahead of the next booking.
- ✓ Disposable Gloves are also available to use when cleaning equipment. These must be disposed of appropriately. For information on the safe disposal of gloves and used items such as tissues and wipes, please see the following [link](#).
- ✓ All club staff, volunteers and coaches have been trained in our new ways of working for cleaning and social distancing and will be responsible for keeping your playing

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environment as safe as possible.

- ✓ Signage will be displayed around our courts to remind people to clean their hands and forearms regularly and to clean equipment thoroughly after use.

Booking courts/Registering for a session

- ✓ Players must complete our club 'Player Agreement' form in advance of their first session or booking.
- ✓ Online court bookings must contain the names of all the planned participants of your session.
- ✓ All Bookings, registrations and payments must be made online.

Please see the World Health Organisation website for key information and guidance around health and hygiene as well as downloadable signage and posters to display around your club.

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

Please note this guidance is subject to change on an as known basis alongside any updates from the Scottish Government.

Please be patient, polite and observe all notices, but of course if you have feedback for us please directly contact us.

Please see virtual tour of our club courts as an example of what to expect when you book our courts.

For more detail on the guidance you should be following as a player before during and after a session, please see [SVA COVID-19 exit strategy](#) Phase 2 guidance.